

Hockey



Hockey is a team-based sport that involves using a hockey stick and ball to score goals against the opposing team. Hockey has been played in schools since the 19th century. Hockey works on skills such as object control, passing, shooting, defending, and attacking as well as teamwork.

Sport Coaching Group aspires to provide the opportunity for all children to access sport as well as providing an inclusive environment in which to operate. Our experienced and highly trained coaches exhibit an engaging environment where children are able to strive for excellence whilst also being equipped with the appropriate skills to participate in sport for life.

Key Stage 1

In KS1 our focus is on learning to control the ball and how to pass effectively. This will be done through games activities and circuits with an emphasis on fun and learning at their own speed. Basic skills such as how to hold the stick correctly and the different types of passes in hockey.

Key Stage 2

At this age they will be working on how to transfer the skills learned in KS1 into games and game situations. They will learn more in depth information about the different positions and what role they play within a match. Using sport specific drills, the children will learn how to improve on the skills they learned in KS1.

General Information

Our company always provides a high quality of coaching no matter what sport we provide and we always encourage and allow children to strive for excellence and inspire them to achieve greatness. However, our main priority is to provide the children with the opportunity to get involved under any circumstance. Inclusion, diversity and equality are essential in all our lessons and we strive to equip each child with the appropriate knowledge and skill set in order to compete and learn to use in and most importantly out of our sessions in everyday life.